

## MATER DEI COLLEGE HAWKS AUSTRALIAN RULES FOOTBALL ACADEMY

The AFL Academy at Mater Dei College (MDC) aims to provide talented students with an opportunity to further develop their footballing ability, with an emphasis on skill development and gameplay strategies and tactics.

### A CULTURE OF SUCCESS

Mater Dei College holds a strong reputation within the Footballing Community and backed by the support of the West Perth Football Club. Our Academy serves its students, as a Talent Pathway in progressing to elite football, with the potential to achieve WAFL/AFL selection.

### THE ACADEMY

The Academy follows the structure of a Specialised Physical Education (SPE) class, made up of practical and theoretical lessons. Students who commit to the Academy elect the AFL specialised subject in place of General Health & Physical Education classes. This structure reflects the commitment of the College towards the football development of all players/students within the MDC Hawks AFL Academy.

The Academy is now open to male and female students from Year 7-11. It is essential that all students who are selected, respect and value their position in the Academy. Our selection process is stringently designed to ensure that only deserving students who meet all criteria gain selection in to the MDC Hawks AFL Academy. Students must continue to strive for the highest possible standard of performance in all areas of their College life and our system ensures that they are committed to this task. We encourage all students of the Academy to be registered at their local footballing club to further develop their skills and match play.



### OPPORTUNITIES FOR GROWTH

Throughout the year, keynote speakers from the West Perth Football Club (FC), West Coast Eagles FC and Fremantle Dockers FC feature in delivering leadership advice and football development coaching to our young players. In addition to students footballing development, students will be led through umpiring and coaching principles to encourage involvement in other roles of our game and supporting the growth of Australian Rules Football. Students are provided with a holistic footballing education, players of the Academy will also have the opportunity to achieve a Level 1 Certificate in Sports Training, Certificate I in Sport & Recreation, Level 1 Coaching Accreditation, as well as a Level 1 Umpiring accreditation.





## OPPORTUNITIES FOR GROWTH

We also have qualified members within the community deliver Strength & Conditioning training programs which incorporate Cardiovascular Endurance and Strength & Power training to meet the demands of the modern-day player. Players and Coaches involved at WAFL and AFL levels of the game will feature in Skill Development Training comprised within the Program.



## TOURS AND EXCURSIONS

Students will engage with various aspects of the WA footballing community. Excursions to the West Perth Falcons, West Australian Institute of Sport (WAIS), West Coast Eagles and Fremantle Dockers training facilities feature in the calendar year across all year groups.

Our Year 10 students will have the opportunity of travelling to Melbourne to experience the rich footballing culture of Victoria. Students will attend an AFL fixture, MCG Tour, visit the Hawthorn Football Club's training facilities and play an exhibition game against a Melbourne College.

Year 11 students will have the special experience of a trip to a Rural community as selected each year, upon where they will offer coaching and umpiring to primary school students within that community.

## FOOTBALL/COACHING STAFF

The MDC Australian Rules Football Program is committed to providing players the highest standard of coaching and teaching. All Football staff involved in the program are accredited with a National Coaching Accreditation Scheme (NCAS) Level 1 AFL Coaching Qualification, led by the Director of Football & Head Coach, Mr Luke Hendricks with an NCAS Level 2 AFL Coaching Accreditation\* along with experience playing at an elite level. \*Currently Completing

### Director of Football & Head Coach - Luke Hendricks

- WEST PERTH FALCONS PAST PLAYER
- WA STATE REPRESENTATIVE 16'S - NATIONAL CHAMPIONSHIP PLAYER
- WEST AUSTRALIAN AMATEUR FOOTBALL LEAGUE STATE U23'S SQUAD
- RECRUITER FOR THE SYDNEY SWANS FOOTBALL CLUB

Mr Luke Hendricks – Director of Football & Head Coach  
luke.hendricks@mdc.wa.edu.au

Ms Jessica Wheeler – Sports Coordinator  
jessica.wheeler@mdc.wa.edu.au

## ENROLMENTS

Mater Dei College is now accepting applications for 2019 from Year 7 -11. We also have scholarship opportunities for talented footballers in Year 7. For further information please contact our Enrolments Officer, Angela Lourens enrolments@mdc.wa.edu.au or (08) 9405 4777.

## 2018 MDC Hawks AFL Academy Achievements

2018 Senior Girls Moore Division Premiership Winners  
2018 Senior Boys Jakovich Cup Division Winners

Metro North Talent Development Squad members:

- Jasmine Koldynski
- Kiara Bingham
- Andrea Moyo
- Maggie Beckwith
- Tahli Wilkins