

UNIFORM & GROOMING POLICY

DRESS AND APPEARANCE

Students are expected to maintain a well groomed, neat and tidy appearance.

Parents are expected to support the College in monitoring and maintaining the correct wearing of the College uniform and to insist on the maintenance of high standards of personal grooming and presentation. Commitment to this parental support was made at the time of enrolment.

UNIFORM:

Only items specified as 'uniform' may be visible. All undergarments are to be covered. Only plain white T-shirts or singlets to be worn under the College shirt and **not visible** when the tie has been removed. The uniform is to be worn to and from school, at school and at all school functions unless otherwise specified. The Sports uniform may NOT be worn to or from school unless specific permission is granted.

*The College School Bag is compulsory

SUMMER UNIFORM

Girls : Dress (knee length), navy blue ankle College socks, black standard leather lace-up school shoes. Suede shoes, boots and built - up heeled shoes are **NOT** acceptable.

Please note:

The double-breasted dropped waist dress was changed to the current uniform 7 years ago and can no longer be accepted as uniform.

Boys : Navy Blue shorts, (correctly sized) white College short sleeved shirt, navy blue ankle College Socks, black standard leather lace-up school shoes. Suede shoes, boots and built - up heeled shoes are **NOT** acceptable. Shorts must be worn in a conservative fashion.

Hats: The College has a no-hat-no-play policy. College sun hats must be worn during Terms 1 and 4 during break times and for all outdoor activities.

WINTER UNIFORM

Girls: Knee length skirt (compulsory), girls winter trousers (optional) white College blouse, tie, stockings. (Razza Matazz 70 Denier Opaque tights/Ink Navy.)

Only College scarves are permitted.

Boys: Long grey trousers, (correctly sized) grey belt, white College shirt, tie, navy blue school socks. Trousers must be worn in a conservative manner.

Jumper: The College jumper may be worn both summer and winter.

Blazer: Compulsory Years 11, 12

Shirts: Short sleeved shirts may be worn in winter but a jumper or blazer must be worn if attending a College related excursion/function outside the College grounds.

House T shirt : Compulsory (House Activities and College Carnivals)

It is not acceptable to wear sports uniform items with the general uniform.

All uniform items other than shoes are available from the Uniform Shop.
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DRESS - PHYSICAL EDUCATION AND SPORT

The Health & Physical Education Department's philosophy is centred on maximum participation. As a result the Department's policy states the College sports uniform is to be worn for all Physical Education classes. Failure to wear full correct College sports uniform will result in sanctions being imposed.

SPORT UNIFORM

Girls/Boys College tracksuit, College sports shorts, College sports shirt, (excludes House shirt) College summer and winter sports socks.

Bathers: Must be of modest and practical design.

Students who represent the College at Inter School Swimming Carnivals will be required to purchase the official College bathers

Mouthguards: Wearing of mouthguards is strongly encouraged in all Physical Education classes and Co-Curricular Sport. It is compulsory to wear a mouthguard when representing Mater Dei College particularly in Interschool Hockey competitions. An opportunity will be provided to all students to purchase a mouthguard in Term One.

College Sports Bag: Only the College Sports Bag is permitted in the change rooms during Physical Education classes. The College School Bag is to remain in the student's locker.

Tracksuits: The full College Tracksuit is compulsory. The tracksuit top may **not** be worn in place of the official school jumper with school uniform; nor can the school jumper be worn in place of the track suit top.

Shoes: Predominately white in colour and cross trainer design (**excludes Dunlop Volleys and skate shoes**).

Wearing Sports Uniform: In those cases where students have College sporting commitments after school, they may remain in the sports uniform after the Physical Education lesson, provided it is the last lesson in the day.

YEAR 11 & 12 SPORT UNIFORM

It is compulsory for Year 11 & 12 students to wear the College sports uniform for the following events: Physical Education Studies Practical, Outdoor Education Practical, Personal Development, Inter-House Activities/Carnivals and College Sporting Events.

NON-PARTICIPATION IN PHYSICAL EDUCATION

Students not participating in Physical Education classes due to illness/injury must provide parental notification. In the case of extended periods of non-participation (three or more lessons), a student must provide a medical certificate.

INCLEMENT WEATHER POLICY

Students should expect Physical Education classes to continue regardless of weather conditions and as such be prepared for physical activity. Staff may change the scheduled activity as deemed appropriate.

GROOMING

Students are expected to be well groomed at all times.

General Hair Rules

Colour: The addition of any hair colour should not be such that it dramatically changes the appearance of the student. The addition of hair colour must be so subtle that no visible regrowth will show. Streaking, tips, foils etc are not acceptable neither are fashion extremes. Hair should be neatly brushed/combed.

Style: Conservative - multi plaiting, shaving, layering, wedges, tails, spiking or extreme styling is not acceptable. Hair cuts less than **a number 3** are not acceptable.

Facial Hair: Boys are to be clean shaven. Sideburns are not to be below the cheekbones.

Product: Excessive use of products such as gel or wax which change a student's natural hair style is not permitted.

Hair length for Girls:

1. Fringes must be above the eyebrows; hair should be off the face.
2. Hair below the back collar must be tied back.
3. Ribbons, scrunchies, ties or hair combs to be navy blue; or in summer, hair accessories can be in the summer uniform material; and in winter, hair accessories can be in winter uniform material.

Hair length for Boys:

1. above the eyebrow
2. above the back collar
3. not excessively long at the sides
4. any hair which can be brought from behind the ears to cover the eyes is unacceptable.
5. Hair should be neatly brushed/combed.

MAKE UP AND JEWELLERY

Makeup & Nail Polish are not acceptable.

Jewellery:

The only items allowable are:

1. wristwatch
2. girls only - one small plain sleeper or stud in the lower lobe of each ear if the student so chooses.
3. a small Christian religious medallion or cross on a light gold or silver chain around the neck if a written request is received from the parent explaining the personal significance of the item.
4. Facial or otherwise visible body piercing is not permitted.

Students in breach of the jewellery code will have that material confiscated until the end of Term unless collected from the office by a parent.
It is strongly advised that NO jewellery is worn during Physical Education classes.